**Module:**

1. In an effective learning, the most effective is:
2. Knowing theory
3. Work with others
4. Real change of behaviour

**Topic:**

1. Caring for maintaining effective habits is a habit of:
2. synergies
3. sharpening the saw
4. proactiveness
5. SMART method is a shortcut from:
6. specification, measurability, attractiveness, realism, time-framed
7. specification, meaningfulness, attention, realism, time-bounded
8. specification, motivation, abstractness, realism, time-framed
9. In a permanent process of learning, you should take care of:
10. All areas of life equally
11. Personal development area
12. Relation area