**Question for module:**

1) Improving learning skills is:

1. only possible up to the age of 18
2. important in the process of assimilation in professional and social life
3. possible throughout life, but only with the participation of a trainer or coach

**Topic:**

1) What is responsible for an appropriate selection of stimuli in the learning process?:

1. memory
2. attention
3. techniques for effective assimilation of information

2) In order to have knowledge gained, it must be:

1. adopted, forgotten and assimilated again
2. understood, used, systematized, evaluated
3. synthesized, evaluated, used a minimum of 3 times

3) The brain has 2 thinking modes while learning:

1. narrow and dispersed
2. focused and dispersed
3. capturing only the details or only the full context of the situation